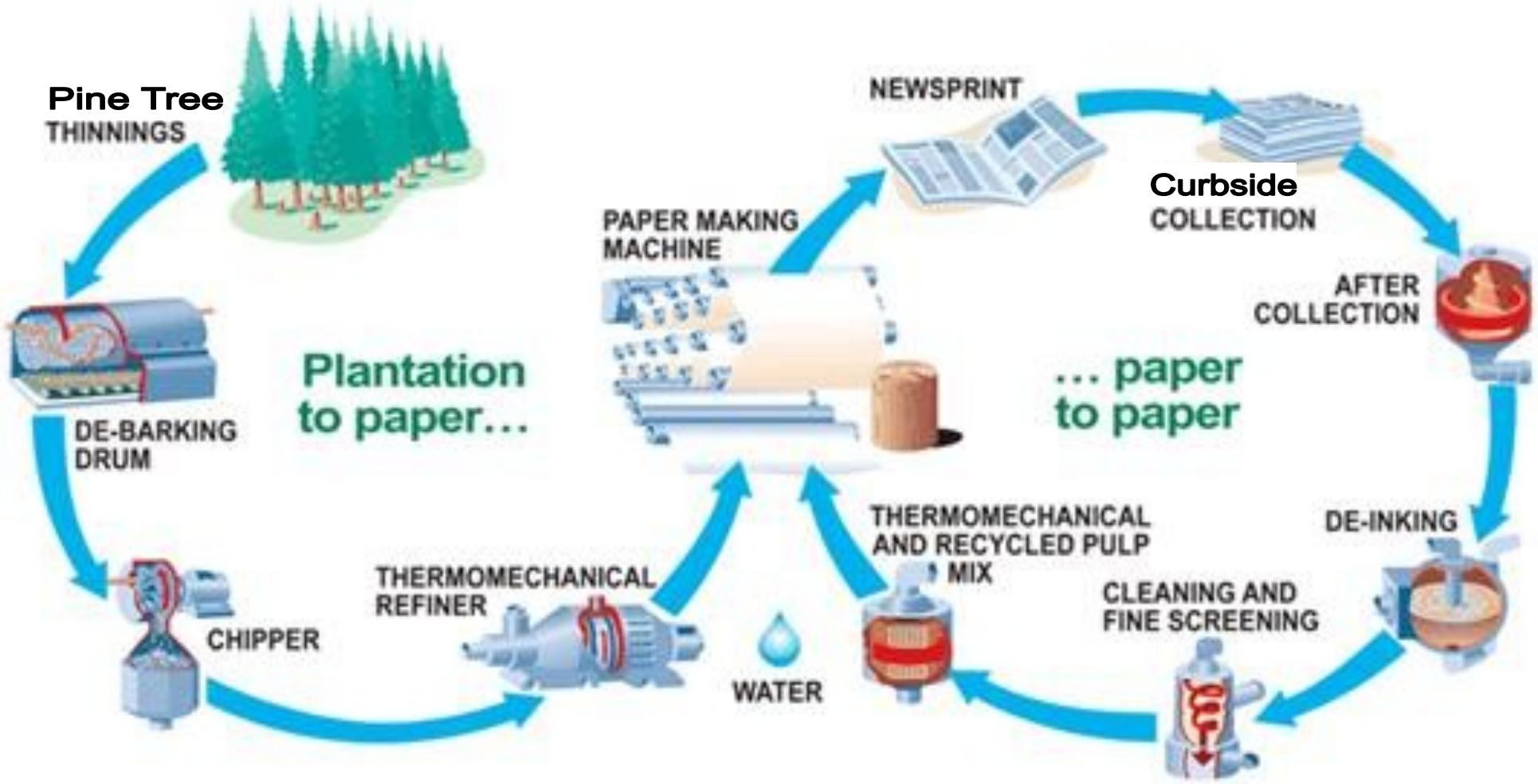RECYCLE PROCESS FOR PAPER AND CARDBOARD